



Joy in Jesus

Article by Luzerne Cheng Shepherd (Varsity)

Christian joy is an inward satisfaction rooted in Jesus' person and work—regardless of circumstances.

When My Joy Ran Low

I've been a dad for just over a year. It's been amazing—and revealing. Parenthood exposed a heart running low on joy. I caught myself sighing as I cleaned, picked up after my son, and served my wife. I did the duties of a husband and father, but without delight. The form was there; the heart wasn't.

"My joy rose and fell with external circumstances, not with the Lord...
They're good, but they don't last. Only then did Philippians 4:4 land: 'Rejoice in the Lord always.' My joy is to be found in the Lord—Jesus alone".

A Wake-Up at Church Camp

It came to a head at camp. Our son didn't sleep, and I found myself asking God, "Why are we even here? This is so hard. I don't want to do this again." After telling my wife, I realised I'd been going through the motions. Friends said it's normal for sleep-deprived parents, but it still troubled me. If joy is the Spirit's fruit, shouldn't He help me rejoice especially when it's hard? How?

Processing with my accountability group showed this: my joy rose and fell with **external circumstances**, not with the Lord.

Seeing and Savoring Christ

In a preaching class my professor said: don't just draw lines to Jesus—help people see and savour Him. If we don't kindle joy in Christ on Sunday, people will chase knockoff joys elsewhere. That pierced me. I had been looking for joy in good gifts—my son, my wife, other comforts—rather than in Christ Himself. They're good, but they don't last. Only then did Philippians 4:4 land: "Rejoice in the Lord always". My joy is to be found in the Lord—Jesus alone.

Joy Can Coexist with Lament

Hard circumstances may bring grief, yet the inner person can rejoice. Christian joy isn't the world's happiness that depends on smooth conditions; it's a settled gladness that begins with knowing Christ, reshapes our affections, and shows in our actions and reactions.

Practising Joy

At times we're like a rich man's child—living

in Jesus' blessings yet taking them for granted. Two questions help me fight for joy:

- What if Jesus were not like this toward me?
- How would my life look without Him in the picture?

These require slow reflection, but they're worth it.

An Invitation

I'm learning to find my joy in Jesus alone—and it's better with companions. Will you join me on this journey to seek and savour Him?



OUR SENIORS

SERVE OUR SENIORS — 3 WAYS

1) AST Luke's Residence (Nursing Home) — Saturdays

What to expect? Small, home-like group (≈20–30).

Roles:

- Worship leads/musicians
- Devotion sharers (screened) ·
- Befrienders.

Occasional: help at Christmas/Easter/NDP.

2) St Luke's Eldercare — Fridays, 10:00–12:00

What to expect? Centre-wide outreach (many pre-believers).

Format: Worship · Word · Prayer.

Roles: Sefrienders (post-service chats) ·

Chinese-speaking especially welcome.

3) **₩NTUC** Nursing Home (Pasir Ris) Last Sun 2:30–5:00pm (bi-monthly)

Role: Sefrienders for regular visits and conversation.

Keen to help? WhatsApp us@9753 7964

VOLUNTEERS NEEDED FOR CHILDREN'S MINISTRY!

OUR MINISTRY IS GROWING-HELP US POINT LITTLE HEARTS TO JESUS!

YOUR IMPACT? EVERY ADULT VOLUNTEER = +5 PRESCHOOLERS OR +10 PRIMARY KIDS WELCOMED.

- ROLES (PICK ONE)
- SMALL GROUP LEADER (MEMBERS)
- TEACHING ASSISTANT
- FRONT DESK / OPS
- ACTIVITIES TEAM (WEEKDAY)

EXPLORE FIRST — 30-MIN CM TOUR

- SUN, 19 OCT, 10.30AM TO 11.00AM
- SUN, 2 NOV, 10.30AM TO 11.00AM

SIGN UP

- APPLY OR TO FIND OUT MORE DETAILS ABOUT ROLES
- CAN'T DO SUNDAYS? SERVE AT OUTREACH EVENTS

GOT QUESTIONS? (2)

HUSBAND GROUP: PICKLEBALL NIGHT!

Date: Tue, 21 October

Time: 6.00pm - 9.00pm

Venue: Foyer (L2)

About Husband Group

We're a fellowship of men-husbands at different life stages—who support one another and grow in Christ as we walk the marriage journey together. 🐃 🕇

Event details

Come play, learn, and meet fellow husbands-no experience needed. Gear provided, refreshments included. Bring a friend!

RSVP (both required):

1. Register here

2. Jeremy: 9679 1169

See you on court!



WOMEN'S MINISTRY QUARTERLY EVENT

Ladies, come join us! 🗱 🦮

Have you struggled with the challenges of living a holy life in a fallen world? Join us for an afternoon of fellowship and sharing, as we explore why and how to rejoice, when we suffer for righteousness.

Topic: Suffering for Good

Date: Sat, 1 November

Time: 2.00pm - 4.15 pm (followed by a

simple tea)

Venue: Shine Auditorium (L4)

Don't miss this time to fellowship and learn with other sisters-in-Christ!

Register here. Registration closes on 12 Oct 2025 or when registration is full, whichever is earlier. For more details, drop us an email.

MOTHERS' FELLOWSHIP GATHERING

Mothering changes as children grow from childhood to adolescence. Connect with mothers in different seasons of the journey to find out how.

Date: Sat, 11 October

©Time: 4.00pm - 6.00pm

Venue: Hall 2 (L2)

Bring: A Friend and a Snack to share

Contact Caroline Ong at **9616 8403** to RSVP.

ESHKOL VALLEY@GOSPEL LIGHT: HIRING ASSISTANT TEACHER

Eshkol Valley is Gospel Light's Christian preschool partner, offering a play-based and academic programme that builds character through sports and the arts.

Work period: Sep-Dec / Mon-Fri

Shifts: 8:30-6:00 or 9:00-6:30

You'll:

- Assist the Teacher-in-Charge during lessons
- Prep lesson materials (per assignment schedule)
- Care for children's health, hygiene, and safety
- Keep classrooms and materials clean (wash toys/cots, etc.)

Love kids, reliable, and teachable?

Apply: Ashley - 9277 2707

DON'T MISS YOUR FULL-TIME MINISTRY CALLING!

Your journey starts here.

Step into a life-changing season of growth and discovery with Gospel Light's Internship Programme—designed for those with a heart for shepherding, pastoral care, and kingdom service. Walk alongside experienced pastors, shepherds, and operations leaders, gaining hands-on church ministry experience, spiritual mentoring, and a deeper understanding of God's calling for your life.

If you're standing at the crossroads of your future, take this opportunity to explore where God may be leading you. Your calling is worth discovering.

Find out more and take the first step, register today.

CLASSES + MINISTRIES

SILVER JOY (SENIORS) MINISTRY

Every chapter of life is a gift from God. And our ministry for seniors celebrates that gift. Silver Joy isn't just a place for seniors to gather, it's a spiritual community of friendship and support. Invite your pre-believing friends, neighbours or family members.

Date: Weds, excluding the 5th Wed of the month

Time: Refer to the table below

Yenue: Gospel Light Christian Church Upcoming events coming your way.

Date	Programme
08 Oct	Rummikub Game (9.00am - 12.00pm)
15 Oct	National Museum of Singapore

Contact 9753 7964 for registration / enquiries.

CLASSES + MINISTRIES

EXPOSITORY BIBLE STUDY – GOSPEL OF LUKE

This Tue, 7 Oct, we will study Luke 3:23-38 where we will study the genealogy of Jesus Christ. The Zoom dial-in details for our session are as follows:

Date: Tue, 7 Oct

Time: 8.00pm

Join Zoom Meeting

Meeting ID: 851 8603 0760

Passcode: 211761





THE CHRISTIAN JOURNEY
IS PERSONAL, BUT NOT
PRIVATE. WE NEED ONE
ANOTHER IN OUR
JOURNEY WITH JESUS.

TRUE CONNECTION
AND VULNERABILITY
ARE FOSTERED IN
SMALL GROUP
SETTINGS, ALLOWING
FOR DEEPER
RELATIONSHIPS





COME AND EXPERIENCE
THE WARMTH AND
FRIENDSHIP WITH GOD'S
PEOPLE IN A SMALL
COMMUNITY TODAY.

Prayer Meetings

"Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need." Heb. 4:16



Wednesday 8PM | HALL 3 (ATTIC LEVEL)



Sunday 7.45AM | CRY ROOM SHINE AUDITORIUM LEVEL 4



Prayer List
WE CAN ONLY MOVE FORWARD
AS A CHURCH BY PRAYER.
SUBSCRIBE TO OUR WEEKLY
PRAYER LIST



Bereavement
WE MOURN WITH MEMBERS
WHO'VE LOST LOVED ONES.
(ROM. 12:15) STAY UPDATED
ON CHURCH BEREAVEMENT
NOTICES.



English @Shine Auditorium (L4)
Sunday at 8.30am, 10.15am, 12.00pm
Watch our livestream service at 10.15am only

Chinese @Gospel Auditorium (L2)
Sunday at 8.30am and 10.15am
Watch our livestream service at 10.15am only

Filipino @Gospel Auditorium (L2)
Sunday at 2.00pm
Watch our livestream service at 2.00pm

Youth @Gospel Auditorium (L2)
Saturday at 4.30pm
Subscribe to our announcement channel on
WhatsApp or Telegram.



Varsity @Light 1 and Light 2 (L3)
Sunday at 2.30pm *no service on 5th week
of the month
Subscribe to Varsity announcement channel

Bahasa @Hall 1 (L2)
Every alternate Sunday 10.30am
For more info, please contact
9117 6000 / 9628 5061

Telugu @Gospel Auditorium (L2) Sunday at 5.00pm and 7.30pm <u>Watch</u> our livestream service at 5.30pm



PLAYGROUP

(12 - 35 months) @ Hall 3 (Attic) Sunday at 8.30am and 10.15am

PRESCHOOL

(36 months - 6 years) @ Eshkol Valley Premises (Attic) Sunday at 8.30am, 10.15am and 12.00pm

PRIMARY

(Primary 1 - 6)

@ Light Auditorium (L3)

Sunday at 8.30am, 10.15am, 12.00pm*

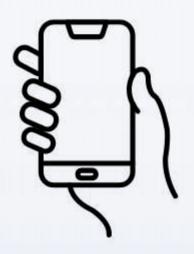
*12.00pm service held at Eshkol Valley Premises (Attic)

Join our Whatsapp community
for regular updates

Contact us if you're interested to explore serving in Children's Ministry!



FULL GIVING DETAILS HERE



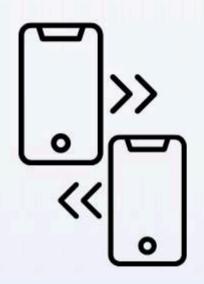
> PAYNOW
Unique Entity Number (UEN)
S88SS0082AGF1



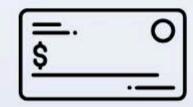
Scan With Your Bank App

All offerings will be directed to the "General" fund. State "Missions" in the UEN/Bill Reference No. section if you wish to designate the offering to our mission work.

Giving Online



> Internet Banking Transfer DBS Bank 033-021695-5



> Cheque
Make Payable to:
"Gospel Light Christian Church"
Write "Offerings" behind.

For internet banking transfer, indicate "General" or "Mission" to designate where the offering goes to

For cheques, you can further indicate on the reverse: "General Fund" 033-021695-5 or "Missions Fund" 001-042653-2.

Cheques can be deposited at any POSB or DBS bank into the church's accounts.